STATEMENT ON PTSD

For a formal diagnosis of ptsd, the patient would need a psychological evaluation with formal testing such as DSM IV. This could have been done by a counselor, psychologist, psychiatrist, PCP, etc. They should have some type of medical record documenting the diagnosis of ptsd. Thus, if they have been diagnosed with ptsd at some point, they should have some type of record available. If they have not yet been formally diagnosed, then they will need to see a mental healthy professional or their pcp to obtain the formal diagnosis.

If they do not have medical records of being diagnosed with PTSD (I.e. My wife has mentally abused me and I think I suffer from PTSD), then I don't think we can provide the diagnosis for them, thus we shouldn't see them (unless for a CBD consult). Or we should set up the appt and have them also go see a doctor while they are waiting to see us.

Bottom line: the patients need some type of documentation stating that they have ptsd. Doesn't matter who gave it to them, when they got it, or if it was treated in the past. But we need to have something from them documenting the diagnosis of ptsd. This is also up to each physician to decide on their own however when it comes to scheduling this is what we are going by.